

COACHES EMPOWERMENT WEEKEND

ROARING SKY BASE CAMP |

10-12 October 2025




BRAVEN
PERFORMANCE LAB

ERIN BURGER **B.**
Some play the game, some change the game

POWERED BY
PVM
NUTRITIONAL SCIENCES



EVENT DETAILS

- ✓  Location: Roaring Sky Base Camp
(30km from Zambezi Drive,
Next to Dinokeng Big 5 Game Reserve)
- ✓  Date: 10-12 October 2025
- ✓  Includes: Accommodation,
meals, coaching workshops, &
bushveld experiences
- ✓ **R2950** per person
(*Manual sold separately)
- ✓ Group Discount: Available for 3+
coaches from the same school or
club

WHY CHOOSE US?

Niel du Plessis - Braven
Performance Lab – Sport Scientist,
Conditioning & Movement Experts
Erin Burger – Former SPAR Protea |
100+ International Caps | Coaching
Leader

WEEKEND HIGHLIGHTS

- Interactive Coaching Workshops
- Skills & Drills Development Sessions
- Match Scenario & Game Plan Strategies
- Strength, Conditioning & Recovery Education
- Bushveld Game Drive & Sunset
- 2-Night Stay in Thatched Chalet, Bungalow, Hut
- Coaches Resource Pack (Manual sold separately)

BOOK YOUR SPOT NOW!

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